

# Teaming Antifragile

BUILDING THRIVING TEAMS

The collective is inherently more antifragile than the individual



We are better together. It really is that simple. Navigating complexity and uncertainty, solving 'wicked' problems in creative ways, sustaining the energy to keep making progress requires the collective capacity inherent in teams.

Antifragile teams move from fear to confidence, from avoidance to accountability, and from drama and frustration to focus and action. The result is purposeful progress and high performance even as they navigate disruption and change.

#### **In this keynote we'll explore:**

- Why teams are more antifragile
- What helps and hinders teams becoming antifragile
- The difference antifragility makes to common team challenges